

CORRECTED DATE
FOR IMMEDIATE RELEASE
October 10, 2016



**LAWRENCE HOPEWELL TRAIL WILL HOST 2ND ANNUAL TRAIL AND TREAT RIDE
FOR CHILDREN AGED 3 TO 12 AT VILLAGE PARK **SUNDAY**, OCTOBER 23**

Bike rides, face painting, a dance-a-thon, games & goodies are all part of the festivities

(HOPEWELL, N.J.) – For the second year in a row, the Lawrence Hopewell Trail will host the Trail and Treat event for local families in celebration of the Halloween spirit. The ride, geared for families with children aged 3 to 12, will take place from 3 to 5 p.m. on Sunday, October 23 at Village Park in Lawrence.

The fall celebration will include separate activities on and off the LHT for ages 3 to 6 and 6 to 12 including bike rides, music and fun activities. The event includes two rides, one geared toward younger riders and another for the more experienced riders.

“Last year’s ride was a great success, and we are very pleased to host this event again this year. Trail and Treat will be filled with a day of activities for children who were too young to participate in our recent Full Moon Ride at Mercer Meadows,” said Lindsey Bohra, LHT co-chair of the Programming and Public Relations Committee. “From its inception, the Lawrence Hopewell Trail has been dedicated to providing a safe and family-friendly trail for our community. We think children and their parents will find this event a fun way to celebrate Halloween.”

“Outdoor activities are great for our children’s health, and this event will feature two bicycle rides to get their bodies moving while they enjoy the fall weather,” added the other LHT Programming and PR Committee co-chair, Jill Young.

Participants should gather at Village Park at the intersection of Bergen Street entrance/parking lot starting at 3 p.m. Costumes and bike decorating is encouraged in celebration of the Halloween theme. Parents with bicycle trailers are welcome, and parent supervision is required. State law requires children riding bicycles to wear helmets. The event is free, although donations are welcome to help defray costs. Online pre-registration is strongly recommended by visiting the LHT’s website, www.lhtrail.org.

Activities including bike decorating face painting and games, beginning at 3 p.m. The Princeton School of Rock, a band consisting of young, talented musicians, will provide live music. Goodies and additional treats will be provided.

“As a founding partner of the Lawrence Hopewell Trail, Lawrence Township considers this trail a great community amenity. We welcome families to Village Park to participate in a different kind of Halloween celebration with the LHT’s Trail and Treat,” said Lawrence Township Mayor David C. Maffei.

“One of the LHT’s primary goals is to provide family-friendly event programming that fosters a connection between children and the nature surrounding them. With the ever-growing community support for the trail, we look forward to offering more events like Trail and Treat in the future,” added Jennifer Peck-Nolte, member of the LHT and the Programming and Public Relations Committee.

If rain threatens to force postponement of the event, please visit www.lhtrail.org after noon on

the day of event. For other questions, email info@lhtrail.org.

About the Lawrence Hopewell Trail

The Lawrence Hopewell Trail (LHT) is a 22+ mile bicycle and pedestrian trail and transportation corridor through public and private land in Lawrence and Hopewell Townships in Mercer County, N.J. The idea for the LHT grew out of a commitment to improving the quality of life for all of those who work in the region. The LHT supports an active, livable and sustainable community with alternative forms of transportation to reduce the reliance on automobiles. It also promotes health and fitness, recreation and outdoor education. The Lawrence Hopewell Trail Corporation is a nonprofit organization that depends on the community for support. The LHT is built and maintained by the community for the community. The LHT is a key member of the Circuit Coalition, a 750-mile network of bicycle and pedestrian trails connecting people to jobs, communities, and parks in the Greater Philadelphia Region. For more information about the LHT, please visit www.lhtrail.org

About Village Park

Village Park, a municipal park of Lawrence Township, includes 60 acres of facilities with many recreational opportunities including Gretel Gatterdam and Betty Leedom softball fields, three lighted soccer fields, two lighted tennis courts, volleyball courts, basketball courts, exercise equipment, playground structures and a dog park.

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